

Winter crops*	how	seed depth	eventual spacing	note 1
lettuces	sow seeds and nursery transplants	1/4"	8"	do seeds and transplants at the same time
Swiss chard	sow seeds and nursery transplants	1/2"	10-12"	eat as you thin/raw or cooked
peas	sow seeds	1"	4-6"	snow peas/sugar snaps do great
radishes	sow seeds	1/2"	2-4"	raw
spinach	sow seeds	1/2"	2-4"	eat as you thin
beets	sow seeds	1/2"	4-6"	greens are good to eat
carrots	sow seeds	1/4"	2-3"	slow germinators
cilantro	sow seeds and nursery transplants	1/4"	6"	do not disturb roots of transplants
parsley	sow seeds and nursery transplants	1/4"	6-8"	do not disturb roots of transplants
celery	sow seeds and nursery transplants	1/4"	8-10"	like wet feet
green onions	seeds	1/4"	3/4"-1"	eat as you thin
onions	sets, seeds or transplants	1/4"	6"	
garlic	sets, seeds or transplants	1/4"	6"	
shallots	sets, seeds or transplants	1/4"	6"	
leeks	sets or transplants	1/4"	6"	
potatoes	sets		6"	plants in hills
arugula	seeds or transplants	1/4"	4-6"	eat as you thin/raw
kale	seeds or transplants	1/4"	4-6"	eat as you thin/raw or cooked
mustard	seeds or transplants	1/4"	4-6"	eat as you thin/raw
bok choy	seeds or transplants	1/4"	4-6"	eat as you thin/raw or cooked
Brussels sprouts	transplants recommended	1/4"	12-18"	big plants that need space
broccoli**	transplants recommended	1/4"	12-18"	big plants that need space
cauliflower	transplants recommended	1/4"	12-18"	big plants that need space
cabbage	transplants recommended	1/4"	12-18"	big plants that need space
*don't plant: tomatoes, eggplant, peppers, string beans, cucumbers; wait 'til Feb./March				
** harvest secondary buds				

Local Sources:

Parkview Nursery

3841 Jackson Street
Riverside, CA 92503
(951) 351-6900
parkviewnursery.net

4377 Chicago Avenue
Riverside, CA 92507
(951) 784-6777
parkviewnursery.net

Seed catalogues

Baker Creek Heirloom Seeds – www.rareseeds.com

Offers 1400 varieties of heirloom seeds – largest selection in US, based in Mansfield, Missouri, with a store in Petaluma. Hosted first Heirloom Expo in Santa Rosa, Sept 2011.

Johnny's Selected Seeds – www.johnnyseeds.com

Worker-owned company in Maine, certified organic since 1979, many heirloom varieties.

Kitazawa Seed Co. www.kitazawaseed.com

Offering Asian vegetable seed since 1917. Carry over 30 kinds of greens.

Renee's Garden – www.reneesgarden.com

Good selection of unusual varieties, including collections for containers, hummingbirds, butterflies, wildflowers, and heirlooms. Website also includes a newsletter, a garden blog and lots of information on growing vegetables.

Sustainable Seed Co. – www.sustainableseedco.com

Organic California-based seed company, offering vegetable seeds, grains, and cover crops.

WEBSITES/BLOGS:

www.patwelsh.com

Informative website by the woman who wrote the book on Southern California gardening (see above). Chock full of important information.

www.groworganic.com

Peaceful Valley Farm and Garden Supply. Good seed selection. Also sells garden supplies and tools.

www.urbanhomestead.org

The Dervaes family in Pasadena has been turning their city lot into an urban farm since 1986. They now produce 6,000 lbs. of food per year on 1/10 acre.

www.winnetkafarms.com

Website for Winnetka Farms, a (sub)urban farmstead located in the west San Fernando Valley. These folks teach classes, sell Barnevelder chickens, and maintain a blog.

www.garden.org/ediblelandscaping

The website of the National Gardening Association. Very good general information.

BOOKS:

Complete Guide to Vegetables, Fruits, and Herbs. 2008. John Wiley and Sons, Inc. 223 pp.

McLaughlin, Chris. 2010. The Complete Idiot's Guide to Heirloom Vegetables. Alpha Books. 307 pp.

Smaus, Robert. 1996. 52 Weeks in the California Garden. Los Angeles Times. 274 pp.

Sunset Western Garden Book of Edibles. 2010. Sunset Publishing Company. 304 pp.

Welsh, Pat. 2009. Pat Welsh's Southern California Organic Gardening. Chronicle Books. San Francisco. 456 pp